

Columbia Brotherhood Lodge no.370 F&AM

855 Brotherhood Way, San Francisco, CA 94132

T R E S T L E B O A R D

A U G U S T 2 0 2 0

THIS MONTH

- August 1, 2020
Annual Picnic **CANCELLED**
- August 5, 2020
Stated meeting is **CANCELLED**
- All Events and meetings are subject to change in the next few months
- August 2020
Masonic Formation Classes will be conducted via phone conference.
Contact Brother J. Gonzales

Please check our website and your email for changes to the schedule.

cbl370.com

From the East

Hello brethren and ladies,

I hope everyone is in good health and doing well! We are now in the third quarter of the year and we have missed many of our stated meetings and events. We especially miss the fellowship we share with our Brothers and Sisters. Unfortunately, we received a new order from the Governor to roll back the reopening. We are also waiting for the update from our Grand Master to informing us of the guidelines for reopening to meet again.

Therefore, our stated meeting for the month of August is again cancelled. This cancellations include all the events for this month (our Lodge Family Picnic, Hiram Award, Blood Drive & Lodge Summer Dance).

Again, I would like to thank all our chairmans for their hard work and accepting this responsibility for our lodge. Hiram Award will be rescheduled for November 7th and the Blood Drive will be rescheduled for September 19th.



The officers held a July barbecue to reach out to our members and it was a successful event.

Thank you to

all the officers for their hard work, and for the Brothers and Sisters who came and helped in putting this together! I also want to thank everyone for following the guidelines of the Public Health officials. Such as wearing a mask at all times, social distancing and washing/sanitizing hands frequently.

The month of August is advance stations for all the officers in progressive line in their respective stations. I am confident that they are all prepared for their proficiencies! I'm excited for all of the junior officers and the three Pillars and for the incoming Master and Warden's for the year 2021.

Please be reminded that the iMember 2.0 is now available to download at Freema-

son.org. This is a new platform with upgrades including:

- A digital dues card
- lodge locator for more than 30 jurisdictions, including California
- Lodge calendars
- Masonic education resources
- Online dues and event payments
- opt-in affinity social groups across lodges
- Updates to member records.

I hope everyone will enjoy this new exciting app. Stay safe and well until we can meet again in our lodge.

Sincerely and Fraternally,
Renato Alfonso
Master



From the West

Greetings Brethren,

I hope you and your family are healthy and well as we continue to battle not only the Corona Virus but the social implications brought on by its complexity to inflict total devastation. At least the lines have gotten shorter at the grocery stores and toilet paper and paper towels are well stocked. Although now there is a spike in scrupulous swindlers trying to scam the vulnerable and the naive. I beg you, my dear brothers, if you ever receive an email from Worshipful Brother Armando Telles requesting for help because he is stranded in Nigeria and needs money, please pick up the phone and tell him you'll send him a post card.

Big businesses are taking advantage of this unfortunate situation as well. They see this as an opportunity for gain, gouging everyone however they can. Since the last trestle board, the amount of movies and shows seen in my household have skyrocketed, through different devices, cell phone, TV, laptop computers, now I just received notice that I will be billed extra for going over a certain amount of data usage. Only because they can. I will not be recommend-

ing new movies in this article but I will hopefully enlighten you of other things you can do during these times. Before that, because I'm still upset about paying an extra \$10 for every 50 GB of data I use over the limit my cable company is imposing on us, I'm writing this on my cell phone with my WiFi turned off and instead using my unlimited data through my cell phone carrier. Maybe I should just pay the extra \$11 for unlimited use...

I guess it is true that behind every tragedy, there is money to be made. The race for a vaccine is huge business and the first to the finish line, well, you already know. Health related equipment, medicine, remedies, and accessories are so expensive that those who are displaced from employment or are on a fixed income are forced to make drastic lifestyle changes in order to not get sick. Instead of buying N95 masks, they resort to an old shirt, tied with a rubber band on the ends. Something is better than nothing I am often reminded.

So what is it that we can do to not get sick? How can we avoid exposure? The simple answer to this is discipline.

It is impossible to be completely distanced from everyone, trust me I've tried, but I must work, eat, get gas, talk to people, and be with family. But I must practice common sense and follow the very basic recommendations by health experts on minimizing exposure. By wearing a mask, keeping a safe distance, practicing good hygiene, washing hands, use of sanitizing products, gloves, etc.

In situations in which you have control over whether you will subject yourself or others to potential exposure, for example, during our drive-thru dinner last month, Worshipful Brother Robert Deluzuriaga intended to come but felt a little bit under the weather. Without hesitation, he refrained from coming because it made sense for him not to. Kudos worshipful!

Okay, brother Senior Warden, you still haven't mentioned anything that would enlighten me about what we can do during these times. So here it is. These are mere suggestions and not intended as a guide. Do them at your own risk but

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Francis Feliciano
Senior Warden

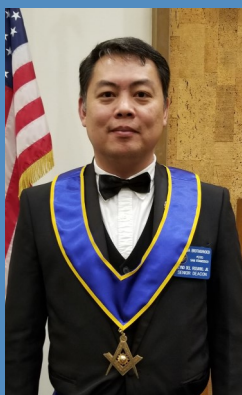
From the South

Greetings from the South!

Brothers and Sisters as we continue adjusting to this new normal, I Hope everyone in your family is safe and healthy. July Drive thru BBQ dinner was amazing hope you enjoyed the meal that the officers had prepared. I would like to thank all the officers and volunteers for a

job well done, Brother SW Francis Feliciano and his family for that great BBQ ribs, Brother Jim Guerrero and Brother Anil Awasti for the burgers and the cooks WB Donisio Dela Cruz, Brother Frank Pertierra, Brother Jerry Jugal and specially our candidate Jimmy Fowler, again thank you!

Fraternally,
Reyno Del Rosario Jr.
Junior Warden



Reyno Del Rosario Jr.
Junior Warden



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Columbia Brotherhood Masonic Home Program

You know the good that our Home in Union City provides to aged Brothers and Sisters, however this takes money. You can help by just attend a Stated Meeting. The Lodge will donate one dollar to the Union City Masonic Home for every meeting you attended.

Working together we can do so much more!

Committees

Sunshine Committee

"Our ailing Brothers would very much appreciate your calls and visits. Let them know you care." Let us know about any member who is ill.

Danney Stiltner, P.M.(650) 589-7498
Ron Ragland, P.M.(650) 303-9369

Trustees

William F. Aldridge, P.M.President
Robert De Luzuriaga, P.M.Vice President
Armando Telles, P.M.Secretary
Mike Baloupoulos, P.M.Member
John M. Conlan, P.M.Member
Lawrence Di Giacomo, P.M.Trustee Emeritus

Auditing Committee

Agusto Tagaro, P.M.(650) 346-4551
Carlos Suncin(415) 806-2711
Jim Pettit, P.M.(650) 556-4013

Retention & Delinquent Committee

Richard San Mames(415) 424-6931
James Guerrero(415) 595-9127
Jason Yen, P.M.(925) 989-6898

Charity Committee

Renato Alfonso Master.....Chairman
Francis Feliciano.....Member
Reyno Del Rosario Jr.Member

Executive Committee

Renato Alfonso
Francis Feliciano
Reyno Del Rosario JR
Orlando Arce P.M.
Armando Telles P.M.



The COVID-19 outbreak virus is different from anything we've seen before. Many of our members suddenly find themselves out of work and unable to make ends meet, even for essentials, like rent, groceries, and medication. Public programs will help, but for a great many, those dollars will take time to arrive and there will still be a significant gap.

It is at times such as these that our fraternity is strongest. We have all taken an obligation to support a distressed worthy brother, and the time to fulfill our oath, to the best of our ability, is now. In sudden, unforeseeable emergencies such as this one, we can come together. Please give what you can to support our brothers in this time of need.

Goto: masonicfoundation.org



As of now, our Masons Night at Oracle Park is scheduled to be held on Thursday, September 24. Donations! M4M Website at www.masons4mitts.org, went live on Monday, May 11. While we can also accept donations via check, we are encouraging our members to make their gifts online. We'll make it easy – You can use your computer or smartphone!

<https://masons4mitts.org/teams/san-francisco-sluggers/>

If someone only wishes to contribute via check, please make the check out to "Masons4Mitts"

and put your team name in the memo line (SF Sluggers). This is important because it is the only clear way that we'll know that this check should be credited to your team! Please mail your check to:

Masons4Mitts
1111 California St.
San Francisco, CA 94108



Keeping in Touch with Brothers

Brother Bernie Feinberg, a dedicated brother of CBL #370, is still recuperating in a home in San Bruno. He misses the Lodge very much, and hopes that, when we can meet together in the future, he will be able to attend. In the meantime he would appreciate phone calls from some of the Brothers.

His phone # 1-650-624-7624.

In Memoriam

Bro. Raymond Berg M.D.

Called from Labor

March 13, 1930—July 2, 2020



CBL #370 Masonic Class

By: James Gonzales, Sr. Deacon

Events during the past few months including a global pandemic, shelter-in-place restrictions, resulting economic effects, the deaths of individuals like George Floyd and frustration of citizens as a result of the aforementioned conditions have resulted in a variety of behaviors of all people including our brethren in Freemasonry. Some have been at the forefront of peaceful protest, some have advocated for Freemasons to lead the crusade for change in current behaviors and institutions, and others have argued to maintain the status quo.

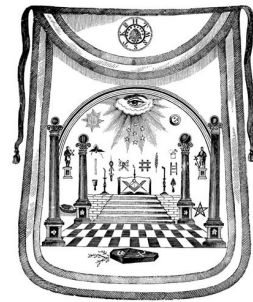
In August of 1993, the Grand Lodge of Pennsylvania erected the Friend to Friend Masonic Memorial at the cornerstone which was placed July 4, 1865 at the first battlefield monument in Gettysburg, PA by the Right Worshipful Grand Lodge of Free and Accepted Masons of Pennsylvania. The monument's sculpture depicts the closing mo-

ments of the battle on July 3, 1863 in which mortally wounded Confederate General Lewis Armistead is shown being aided by Union Captain Henry H Bingham. These two officers were among the estimated 15,000 Freemasons who fought at Gettysburg, and these incidents testify to the bonds which enabled our brethren to remain undivided while friendship between Freemasons enabled them to remain a brotherhood undivided during the American Civil War, one of the most divisive periods in American History.

The current events and those which took place during the battles of the Civil War demonstrate the complexities and difficulties individuals face relative to their decisions and behaviors, and Freemasonry offers tools which may provide assistance. Freemasonry teaches men to behave properly, to treat each other fairly, to live by the cardinal virtues and to follow Masonic precepts.

Additional discussions about why Mason-

ry matters and on the Friend to Friend memorial can be found at: <http://Freemasonsfordummies.blogspot.com/2020/07/why-Freemasonry-still-matters.html> by Christopher Hodapp and on the dedication plaques affixed to the Friend to Friend memorial.



Correction:

The article on the virtue of Industry in the July Trestle Board was shown as "By James Gonzalez." but he downloaded it from the Masonic Philosophical Society at <https://blog.philosophicalsociety.org/2017/04/26/the-virtue-of-industry/> for discussion. This article was written by Kristine Wilson-Slack.

From the Secretary

The Trestleboard is only mailed out to persons who make their request through me. All others will receive links to the electronic copy from our website, www.cbl370.com.

Dues are now due. The dues are \$73.00 per year. The issue had recently been resolved and the cards will be mailed. If you know you are delinquent, just mail payment to the lodge.

Secretary - Armando Telles

Candidates Corner

Masonic Formation Class members are progressing in their Masonic experiences during this pandemic. Bro. James Gonzales is conducting classes via telephone conferencing technology. Please contact him via email to be invited. The schedule is listed on our calendar via our website.

Bro. Gonzales prepares his classes with interesting topics each session. Please participate, even if only to listen if you choose not to be part of the discussion.

We wish all of you and your loved ones good health and protection, and we look forward to a time when we can again safely come together as a group.

Masonic Formation Class



Masonic Formation
6:00 dinner
6:45 Formation Class
7:30 proficiency /
coaching

The Masonic Formation Class is comprised of coaches and participants interested in learning more about Freemasonry. Classes provide a forum for candidates and brothers to exchange thoughts and information to achieve a better understanding of Masonry. All men interested in learning more about Freemasonry are welcome to participate in:

- Proficiency work in all three degrees, long and short forms.
- Individual coaching and mentoring
- Discussion groups including information provided in the Masonic-formation "Red Book"
- Lodge operation, Lodge & Grand

Lodge events and current events affecting Freemasonry

- Lodge etiquette and parliamentary procedures
- Symbolism, spirituality & personal development in Masonry
- Famous Masons & Masonic leadership
- Science, geometry, their effects on society through the ages
- Masonic Rituals (Available to brothers who achieved applicable degrees)
- Special proj & special speaker
- Please contact a member of the Masonic Formation Staff for assistance outside of class times

- Invite a friend or a brother from another lodge. Everyone is welcome

- Check the Trestleboard Calendar for the monthly class schedule.

Masonic Information Staff

James Gonzalez (Head Coach)
 (510) 772-7415
 Anil Awasti (Assistant Head Coach)....
 (415) 846-7129

Candidate Coaches

Francis Feliciano(Coach)(415) 407-0199
 Reyno Del Rosario Jr. (415) 595-9127
 Jim Guererro.....(415) 595-9127
 Jason Hui(415) 300-0911
 Jason Yen P.M.....(925) 989-6898

RESERVATION DESIRED

CBL # 370 presents

BLOOD DRIVE

September
19TH
 10AM-3PM

COLUMBIA BROTHERHOOD LODGE #370

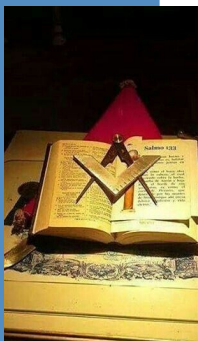
Though the blood drive has been postponed to September, the blood bank needs blood now. Please give blood if you can and pass this along to your friends and family so that the critical blood shortage can be alleviated.

855 BROTHERHOOD WY, SF

REGISTER NOW **415-309-0495**

bruce@coastalpacificins.com

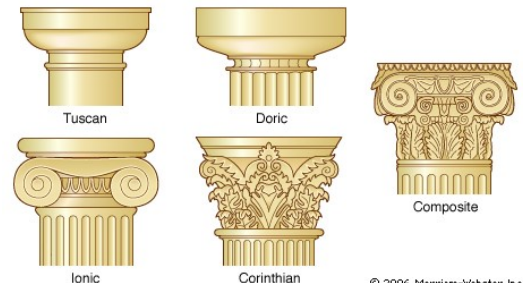
**Maintaining
 the lodge**



Richmond Masonic Temple Co.

Temple Board

Jason Unulata.....President
 Jim GuerreroVice President
 James GonzalesSecretary
 Carlos SuncinTreasurer
 Phillip BusalacchiMember
 Bruce Lyons.....Member
 Richard San MamesMember



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do take caution and remember that these are mere suggestions. These are not intended to cause an argument or debate. Have fun and good luck!

Please make sure you practice good social distancing, hygiene, and have common sense! Keep an extra mask in your car. Do have alcohol wipes, gloves, hand sanitizer, and eye glasses/ safety glasses handy.

- 1.) Stay home at all cost if you can, until a vaccine is developed.
- 2.) Order groceries online. Local grocery stores deliver.
- 3.) Order take out and get it delivered. You don't even have to make contact with the delivery person.
- 4.) If you must shop, shop online. Ask your significant other for tips!
- 5.) Read. A real book. Magazines don't count.
- 6.) Watch old homemade movies. Hopefully they are yours, of yourself or your family, and not others. That would be weird.
- 7.) Jigsaw puzzles. I recommend 1000 pieces. Make sure it is a subject matter you like so you don't lose interest.
- 8.) Ride a bike. Brothers from Ameri-

can Canyon and Vallejo know some really good trails!

- 9.) Go Glamping. Camping, glamorously, as in an RV. Not real camping but Brother Caraway wouldn't do it any other way.
- 10.) Rent a Villa for a weekend. Napa and Sonoma have great getaways.
- 11.) Stay fit. Walk, jog, or run, at home, around the block, or at a lake.
- 12.) Work on your house. Now is a good time to work on that lingering project! I've cemented my entire backyard and now working on the bathroom. Kitchen is next.
- 13.) Learn a new hobby. All arts and crafts stores are open and have great art projects you can do on your own. I'm learning screen printing right now.
- 14.) Call a friend, a brother, or a relative you haven't spoken to in a while. If you can't get a hold of anyone, call me and leave me a message.
- 15.) Learn to cook. Or if you already know how, cook a meal for a brother.
- 16.) Take online classes. Make sure its an accredited school.
- 17.) Clean your house. Throw out clutter you don't need. This is hard for me because I am a hoarder but

I'm getting better. I really don't need 100 different kinds of the same tool. I can let one go.

18.) Gardening will give you peace. Specially when they bloom. Open a bottle of Merlot, sit in the garden, and listen to the sound of nature. Or cars honking, and construction noise. Even if you don't have the space, I know a place that sells plastic plants.

19.) Go to church, virtually. We must continue to pray and beseech the blessing of the Great Architect of the Universe for his care and love in order for us to continue to provide for our family and our brethren. You can do this for an hour, per week, in your pajamas, in your living room, sipping on your choice of beverage.

20.) If you must work, make the most of your workplace. I just recently moved into a new-old office and making it work for my needs.

21.) Get proficient in Masonry. Officers are advancing and are therefore learning advanced stations. If you haven't already done so, work on getting your 3rd degree proficiency if you are a Master Mason.

If none of these fit your lifestyle or your budget, may I recommend that you at least do some self care. Take care of yourself and stay healthy.

Be well and be safe,



August Birthdays

Renato	Ortiz-Luis	Alfonso	Rolan	Rene	Gonzalez	Lauren	Clay	Pottinger
William	Bradford	Bellamy	Gordon	Patrick	Gottsche	Joseph	H.	Rosson
Albert	Louis	Bernall	Leroy	Martin	Greenwood	Raymond	Althimus	Saint-julien
Robert	Umipig	Bugawan	David		Heaton	Lawrence	Florencio	Santana
Raymond	Louis	Cafini	Kent	William	Hundley	Adrian		Santillan
Julius	M.	Campos	Ross	Gaylan	Mandt	Richard	Edward	Siegel
Patrick		Cheng	Joseph	Dindo-Adajar	Mercado	James	Edward	Sissle
Melvin	Stanley	Clark	George	Clifford	Nicolaus	Aron		Sloustcher
John	Lilburn	Cooper	David	Angala	Noveras	William	James	Wersel
Franklin	Vernon	Dalog	Raymond	Alexander	Padmore	Glenn	Gordon	Whiteside
Eugenio	M	Devera	Michael	Christo	Pallas	Samuel	Chee	Yee
Vincent	Edward	Foster	Moises	Z	Paraso	August	Bautista	Young
Harry	Clayton	Francis	Sidney	L.	Pond			


Columbia Brotherhood
Lodge #370

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San Francisco, CA 94132

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www.cbl370.com

Important reminder from the Master

I hope that you and your family are well and safe. This is an update that August calendar events will still be cancelled.

Our stated meeting for the month of August is also canceled with no planned events. More information of masonic gatherings will be sent via email and posted on our website.

Please visit our website and monitor your email from our lodge for changes in the calendar.

Thank you and stay healthy.



Masonic Donations

*“Better to keep a
good conscience
with an empty
purse, than to
get a bad
opinion of
myself, with a
full one.”*

Brother
David Crockett

